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News from the Alzheimer Society of Montreal Activities in September- october



# Express Liaison

Alzheimer Society  
MONTREAL

**The Society offers a variety of activities: Support groups for people living with dementia and caregivers, Trainings for health care professionals, Alzheimer cafés, Art therapy ...**



### Training program for Health Care professionals

#### Core Training program 4 workshops

- Understanding Alzheimer's disease and related disorders
- Understanding the life experiences of the person affected by dementia
- Changes in communication
- Daily living with Alzheimer's disease- Routines and activities

\$400 for the 16 hours of training/ \$125 per session

**\*You can spread the training sessions throughout the year, and take half days**

#### Calendar Fall 2014

##### Training in French, from 8:30 am-12:30 pm

October 8 , Training 1 and Training 2

October 9, Training 3 and Training 4

##### Training in English, from 8:30 am-12:30 pm

October 15, Training 1 and Training 2

October 16, Training 3 and Training 4

Tel: 514-369-0800 / [info@alzheimermontreal.ca](mailto:info@alzheimermontreal.ca)

### Advanced training New

#### Intimacy, Sexuality and dementia

An in depth examination of how the human need for intimacy, love and sexual expression may be affected by dementia.

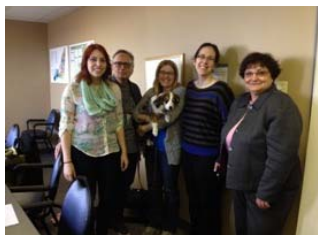
200 \$ | Prerequisite: must have completed the Core Training Program or the equivalent. **Space is limited.**  
[info@alzheimermontreal.ca](mailto:info@alzheimermontreal.ca)

October 22 in French, from 8:30 am-12:30 pm  
October 23 in English, from 8:30 am-12:30 pm



**Trainings are offered at the workplace, at your convenience**

**Minimum of 10 participants, price on upon request**



### **Educational Support Groups For people living with dementia and their caregivers**

The following topics are discussed: dementia, strategies, navigating the resources in the health care sector and the community, and many more.

#### **Other sectors on the island of Montreal as of October 6th 2014**

- **Montreal-Est** –Centre de jour Triest (French)| Saint-Léonard – CLSC Saint-Leonard (French)
- **Pointe-Claire** – CHSLD Bayview (English)
- **Centre-Sud** – Services Plus des Trois Pignons (French)
- **Villeray** – Quartier Villeray (French) |
- **Rivière-des-Prairies** – Centre de jour RDP (French)

Cost : \$50 / (session 8 weeks)\*

**For all groups, registration is necessary.**

Tel: 514-369-0800

### **Monthly Support Groups For people living with dementia and their caregivers**

These groups meet each month at different locations across the island of Montreal, day and evening, in English and in French.

*People are encouraged to attend an educational support group session prior to beginning a monthly support group.*

Cost : \$50 / year

Groups for people living with dementia are offered at our NDG office only. A meeting to assess the situation and unique needs of the person living with dementia is requested before starting a group.

**For all groups, registration is necessary.**

Tel: 514-369-0800



### **Informal and inclusive meeting places to discuss aspects of life with dementia.**

**Discussion, music and refreshments. Free program.**

#### **Atwater Library and Computer Centre**

1200 Atwater Ave, Westmount- Atwater metro station

**English Program** | 3rd Tuesday of the month | 1–3 pm

#### **September 16- Stimulating our Brains** – Mirror reading and memory development

Dr. Shelagh Robinson, Ph.D, Psychologist

#### **October 21- Exploring the Arts**

Louise Giroux and Marilyn Lajeunesse, Montreal Museum of Fine Arts

#### **Les Petits Frères**

4624 Garnier Street, Plateau Mont-Royal – Mont-Royal and Laurier metro stations

**French program** | 2nd Wednesday of the month | 1–3 pm

#### **September 10- Myths and realities of CSSS's Homecare Services** – services within reach!

Esther Roy, Chief, homecare services, CSSS Coeur-de-l'île

#### **October 8- The latest from the Alzheimer's Association International Conference,**

Copenhagen 2014

Dr. Alain Robillard, Neurologist, Hôpital Maisonneuve-Rosemont

#### **Langelier Library**

6473 Sherbrooke Street East, Montreal- Langelier metro station

**French program** | 3rd Friday of the month | 1–3 pm

**September 19- Losing Memory with Aging: Is it inevitable?**

Dr. Fadi Massoud, Geriatrician, IUGM and CHUM

**October 17- What if images could steer you along your journey!**

Christine Vidrohi Larose, Facilitator SoulCollage®



**The Art Links program**

*For people touched by Alzheimer's disease and their caregivers*

The program provides a space for dialogue and creation through guided visits facilitated by the educators of the museum. Each visit is unique and relates to different themes and artists or exhibitions.

The visits take place on the **third Friday of the month, from 2:00 to 4:00 pm, at the Montreal Museum of Fine Arts. These visits are free of charge. Next visits: September 19- October 17**

The Art Links program is a partnership between the Montreal Museum of Fine Arts' "Sharing the Museum" program and the Alzheimer Society of Montreal

**You may confirm your presence by contacting at 514.369.0800 | [pgodbout@alzheimermontreal.ca](mailto:pgodbout@alzheimermontreal.ca)**



**2014 Culture Days: Local artist supports the Alzheimer Society of Montreal**

Immerse yourself into the world of artist and neuroscientist **AmanPreet Badhwar**, who will hold an exhibition of her work during the **2014 Culture Days (Journées de la culture) from September 22 to 28 at the World Trade Centre**, in the Ruelle des Fortifications, at 747 Square Victoria, Montreal.

The exhibition *Flashback-Flashforward* takes you on a journey through the mind's eye, exploring our perception of past experiences. **AmanPreet** will show her most recent paintings during the 2014 Culture Days in September; proceeds from the sale of her art works **will be donated to the Alzheimer Society of Montreal.**

**AmanPreet Badhwar** was born in rural West Bengal (India) Fascinated by art from a very young age, she began painting in her early childhood. After earning a master's degree in human genetics and a doctoral degree in neuroscience, she conducted research on dementias caused by Alzheimer's disease. She is currently pursuing her work on Alzheimer's disease as a post-doctoral trainee at the research centre of the *Institut Universitaire en gériatrie de Montréal* (IUGM). Through all of this, she never stopped painting.



NOVEMBER 8TH, 2014 @ 7:00PM | WAVE EVENT CENTER | 5524 ST-PATRICK | MONTRÉAL, Qc | H4E 1A8

**The 3rd Annual A Night To Remember will take place on Saturday, November 8th at the WAVE Event Center.**



Tickets are now on sale for this fun-filled event. This year's theme revolves around "Touch" and will feature a special live performance entitled "I Will Remember You" by the Sonia Balazovjeh Dance Company with guest singer Laura Newman. Guests will be inspired to get involved to support those touched by Alzheimer's or related dementia. Last year's gala attracted over 200 guests and raised \$31,000 in support of the Alzheimer Society of Montreal's activities and programs.

Once again, renowned Montreal artist **Eric Waugh** will be auctioning off a live painting of this year's event. He will be joined by special VIP

guests **Oleg Petrov, John "The Bull" Makedessi and Annakin Slayd**. Master shucker, **Daniel Notkin**, is also back by popular demand with his Premium Oyster Bar.

The number of people living with Alzheimer's is expected to double in the next 20 years. Please lend your support in the fight against Alzheimer's disease while you enjoy an enchanted evening filled with art, love and plenty of fun.

**Mark your calendars and get a friend, co-worker or neighbour to join you. Register and Buy Your Tickets today: <http://nighttoremember.ca/>**

The organizers are still in search of corporate sponsors to help make the event a success.

Many sponsorship levels are available. Great fundraising events can't happen without the generous support of companies like AEM International and The Larente Group from Scotia McLeod. Get the details at <http://nighttoremember.ca/sponsors/>

**An event not to be missed!**



Follow us on :

	<p><b>Alzheimer Society of Montreal</b></p> <p>5165, Sherbrooke Street West, Suite410 Montreal (QC) H4A 1T6</p> <p><b>Tel. : 514 369-0800</b> <b><a href="http://www.alzheimer.ca/en/montreal">www.alzheimer.ca/en/montreal</a></b></p>
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